

## SEIZURES – Procedures Adult Programs

### Purpose

Procedures to follow when a person served has a seizure.

### Scope

Applies to all persons served in the ERC Adult Programs.

### Procedures

1. Note time of onset and duration of seizure.
2. Call 911...IF
  - a. The person served does not have a diagnosis or history of a seizure disorder
  - b. The seizure lasts more than 5 minutes
  - c. The person has diabetes
3. Have staff evacuate the area calmly and supervise other persons served
4. Speak to the person having a seizure in a reassuring tone – let them know you will stay with them
5. Protect persons served privacy as much as possible
6. Remove eyeglasses
7. Maintain persons airway
8. Tilt head or lean body to one side (if possible) to allow saliva or vomit to drain
9. Do NOT force anything into the person's mouth
10. Do NOT give liquids or anything by mouth until person is fully alert  
NOTE: If person is diabetic, glucose gel may be given per plan
11. Do NOT attempt to restrict person's movements or stop the seizure
12. If the person does not resume breathing after the seizure – perform rescue breathing or CPR. Do NOT perform CPR during a seizure
13. Protect person from injuring self
14. Provide an area of rest until person is fully awake and alert
15. Alert nursing staff at program site, if applicable
16. Notify case manager – NOTE: Case Manager or nursing staff will notify guardian or other family member as appropriate
17. Complete seizure documentation report in Therap.

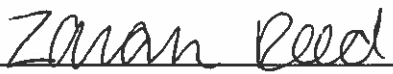
### Review/Revision/Approval Information

Last reviewed: 4/2017, 3/2019

Last revised: 4/2017

  
Executive Director, or designee

  
Date

  
Director of Adult Services

6-4-2019  
Date

Printing this document may make it obsolete. For the latest version of this policy, always check the ERC website at [www.ercinc.org/AboutUs/Policies](http://www.ercinc.org/AboutUs/Policies).