



ERC CHILD DEVELOPMENT CENTERS

Knowledge and early intervention are the most important ways to help a child reach their full potential if they are born with any kind of developmental delay or disability. ERC operates a total of four Child Development Centers in Fayetteville, Springdale, Farmington and Siloam Springs. We offer speech, physical and occupational therapy to children 6 weeks to 5 years of age in a preschool setting with a state-approved curriculum. Refer to the checklist below - if you suspect your child may have a developmental delay or disability, call ERC to schedule your free evaluation.

By 4 months - Your child should be able to:

- Lift head and chest when lying on their stomach
- Grasp rattle or finger
- Roll over (stomach to back)
- Babble or coo
- Explore objects with mouth and hands
- Play with fingers, hands and toes

By 9 months - Your child should be able to:

- Pull to stand
- Sit alone
- Say Mama, Dada or Baba
- Recognize and look for familiar voices and sounds
- Raise arms as a sign to be held
- Wave bye-bye
- Enjoy dropping objects over edge of chair or crib
- Babble expressively as if talking

By 12 months - Your child should be able to:

- Knock two blocks together
- Copy sounds and actions you make
- Imitate adults (i.e. talking on the phone)
- Walk with one hand held by an adult
- Understand simple instructions
- Use one or more words with meaning

By 18 months - Your child should be able to:

- Turn pages in a book
- Stack two blocks
- Run stiffly, with eyes on ground
- Say eight to ten words you can understand
- Identify an object in a picture book
- Scribble with crayons
- Follow simple commands

By 24 months - Your child should be able to:

- Use two to three word sentences
- Kick a large ball
- Bend over to pick up a toy and not fall
- Point to five or six parts of a doll
- Name a number of objects in his/her surroundings
- Refer to self by name, and use "me" or "mine"
- Walk up steps with help

Elizabeth Richardson Center



Enhancing lives
Removing barriers
Creating opportunities

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